

# Wellford Aqua 30:30 Gummies

## Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or healthcare professional.

This medicine is new or is being used differently. Please report side effects. See the [full CMI](#) for further details.

### 1. Why am I using Wellford Aqua 30:30 Gummies?

Wellford Aqua 30:30 Gummies contain the active ingredients **30mg/g delta-9-tetrahydrocannabinol (THC) and 30mg/g cannabidiol (CBD)**.

**Wellford Aqua 30:30 Gummies** are not approved for any specific indication and should only be used to treat conditions or symptoms authorised by your doctor or healthcare professional.

For more information, see Section [1. Why am I using Wellford Aqua 30:30 Gummies?](#) in the full CMI.

### 2. What should I know before I use Wellford Aqua 30:30 Gummies?

Do not use if you have ever had an allergic reaction to Wellford Aqua 30:30 Gummies or any of the ingredients listed at the end of the CMI.

**Talk to your doctor or healthcare professional if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.**

For more information, see Section [2. What should I know before I use Wellford Aqua 30:30 Gummies?](#) in the full CMI.

### 3. What if I am taking other medicines?

Some medicines may interfere with **Wellford Aqua 30:30 Gummies** and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

### 4. How do I use Wellford Aqua 30:30 Gummies?

- Follow all instructions given to you by your doctor or healthcare professional. Their instructions may differ from the information contained within this leaflet.
- If you do not understand the instructions on the dispensing label, ask your doctor or healthcare professional for help.
- A titration period is required to reach your optimal dose. The volume, number and timing of doses will vary between patients. Your doctor or healthcare professional will provide you with a treatment schedule based on your individual needs. Always use Wellford Aqua 30:30 Gummies exactly as your doctor or healthcare professional has directed.
- Wellford Aqua 30:30 Gummies can be taken before or after food.
- Only a doctor or healthcare professional can start your treatment with Wellford Aqua 30:30 Gummies. Your doctor will assess you from time to time to see if you should continue taking Wellford Aqua 30:30 Gummies or vary the dose.

This medicine is intended for oral use. Follow the dosage instructions provided by your healthcare professional.

More instructions can be found in Section [4. How do I use Wellford Aqua 30:30 Gummies?](#) in the full CMI.

### 5. What should I know while using Wellford Aqua 30:30 Gummies?

<b>Things you should do</b>	<ul style="list-style-type: none"><li>• Remind your doctor or healthcare professional that you are using Wellford Aqua 30:30 Gummies</li><li>• Call your doctor or healthcare professional immediately if you are experiencing any perceived side effects or if you feel your condition is getting worse.</li></ul>
<b>Things you should not do</b>	<ul style="list-style-type: none"><li>• Do not stop using this medicine suddenly, speak to your doctor or healthcare professional.</li><li>• Use Wellford Aqua 30:30 Gummies only as directed by your doctor or healthcare professional.</li></ul>
<b>Driving or using machines</b>	<ul style="list-style-type: none"><li>• Do not drive or operate machinery while taking Wellford Aqua 30:30 Gummies</li></ul>
<b>Drinking alcohol</b>	<ul style="list-style-type: none"><li>• Please seek your doctor or healthcare professionals' advice regarding alcohol, side effects and possible adverse reactions.</li></ul>
<b>Looking after your medicine</b>	<ul style="list-style-type: none"><li>• Ensure your Wellford Aqua 30:30 Gummies are kept upright in a cool dry place where the temperature stays below 25°C.</li><li>• Keep away from heat and direct sunlight.</li></ul>

For more information, see Section [5. What should I know while using Wellford Aqua 30:30 Gummies?](#) in the full CMI.

## 6. Are there any side effects?

Common side effects may include but are not limited to tiredness, drowsiness and reduced mental acuity.

Serious side effects may include reduced physical control, a severely impaired mental state or an allergic reaction.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

This medicine is subject to additional monitoring. This will allow quick identification of new safety information.

You can help by reporting any side effects. You must immediately report side effects to your doctor or healthcare professional, or directly at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems).

# Wellford Aqua 30:30 Gummies

Active ingredient(s): 30mg/g delta-9-tetrahydrocannabinol (THC) and 30mg/g cannabidiol (CBD).

## Consumer Medicine Information (CMI)

This leaflet provides important information about using Wellford Aqua 30:30 Gummies. You should also speak to your doctor or healthcare professional if you would like further information or if you have any concerns or questions about using Wellford Aqua 30:30 Gummies

Where to find information in this leaflet:

[1. Why am I using Wellford Aqua 30:30 Gummies?](#)

[2. What should I know before I use Wellford Aqua 30:30 Gummies?](#)

[3. What if I am taking other medicines?](#)

[4. How do I use Wellford Aqua 30:30 Gummies?](#)

[5. What should I know while using Wellford Aqua 30:30 Gummies?](#)

[6. Are there any side effects?](#)

[7. Product details](#)

## 1. Why am I using Wellford Aqua 30:30 Gummies?

Wellford Aqua 10:10:10 contains the active ingredients 30mg/g delta-9-tetrahydrocannabinol (THC) and 30mg/g cannabidiol (CBD).

Wellford Aqua 30:30 Gummies are not approved for any specific indication and should only be used to treat specific conditions or symptoms and must be prescribed by your doctor or healthcare professional.

Wellford Aqua 30:30 Gummies have been prescribed by your doctor or healthcare professional because they believe it may assist with your symptoms.

Wellford Aqua 30:30 Gummies are an alternative therapeutic option where all other treatment modalities have failed.

The therapeutic benefit of Wellford Aqua 30:30 Gummies may vary between individuals. This medicine is only available with a valid doctor or healthcare professional's prescription.

## 2. What should I know before I take Wellford Aqua 30:30 Gummies?

### Warnings

Do not use Wellford Aqua 30:30 Gummies if:

- You are allergic to cannabis, cannabis-based medications, or any of the ingredients listed at the end of this leaflet.
- You are pregnant, planning to become pregnant, or breastfeeding. THC can pass into your breastmilk if you are breastfeeding. It may affect your baby.
- Always check the ingredients to make sure this medicine is suitable for you.

**Check with your doctor or healthcare professional if you:**

**have any other medical conditions such as:**

- allergies to any other medicines
- any problems with your liver
- any problems with your kidneys
- any problems with your heart
- gastrointestinal obstruction
- any previous psychotic or concurrent disorder
- any other medical conditions
- taking any medicines for any other condition
- substance use disorder (abuse, dependence)
- use of alcohol, opioids, benzodiazepines, or illicit stimulants.

During treatment, you may be at risk of developing certain side effects. It is important to understand these risks and how to monitor them. See additional information under Section [6. Are there any side effects?](#)

### Pregnancy and breastfeeding

Check with your doctor or healthcare professional if you are pregnant or intend to become pregnant.

Talk to your doctor or healthcare professional if you are breastfeeding or intend to breastfeed.

### 3. What if I am taking other medicines?

Tell your doctor or healthcare professional if you are taking any other medications, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

You should also tell the doctor or healthcare professional who is prescribing a new medication for you that you are taking Wellford Aqua 30:30 Gummies.

If you see a different doctor or healthcare professional or go into hospital, let them know all the medications you are taking including any medicinal cannabis products.

Some medications may interfere with Wellford Aqua 30:30 Gummies and affect how it works.

Avoid taking Wellford Aqua 30:30 Gummies with alcohol and/or other CNS depressants/sedatives including prescription medications, e.g., benzodiazepines. Using Wellford Aqua 30:30 Gummies at the same time as alcohol and/or other sedative drugs may cause more severe levels of impairment and adverse effects.

Check with your doctor or healthcare professional if you are not sure about what medications, vitamins or supplements you are taking and if these could affect taking Wellford Aqua 30:30 Gummies.

### 4. How do I use Wellford Aqua 30:30 Gummies?

#### How much to take / use

- Follow all directions given to you by your doctor or healthcare professional.
- They may differ from the instructions in this leaflet.
- If you do not understand the instructions on the label, ask your doctor or healthcare professional for help.
- A titration period is required to reach the optimal dose. The number and timing of doses will vary between individuals. Your doctor or healthcare professional will provide you with a treatment schedule based on your needs. Always use Wellford Aqua 30:30 Gummies exactly as your doctor or healthcare professional has told you.
- Only a doctor or healthcare professional can start you on treatment with Wellford Aqua 30:30 Gummies. Your doctor or healthcare professional will assess you from time to time to see if you should continue taking Wellford Aqua 30:30 Gummies.

- Your doctor or healthcare professional may increase your dosage until a dose is reached which works best for you.
- Note that higher doses of Wellford Aqua 30:30 Gummies can be associated with an increased risk of experiencing side effects.
- Follow the instructions provided and use Wellford Aqua 30:30 Gummies until your doctor or healthcare professional tells you to stop.

#### When to take / use Wellford Aqua 30:30 Gummies

- Wellford Aqua 30:30 Gummies should be used as directed by your doctor or healthcare professional.
- Wellford Aqua 30:30 Gummies can be taken before or after food.

#### How to use Wellford Aqua 30:30 Gummies

**This medicine is intended for oral administration. Follow the instructions provided by your doctor or healthcare professional.**

- Your dose of Wellford Aqua 30:30 Gummies is individualised, and the rate and speed of dose adjustment is dependent on each individual response. It is recommended to start low and titrate the dose slowly. The optimal dose is the lowest dose that achieves the highest benefit.
- Follow the instructions provided and use Wellford Aqua 30:30 Gummies until your doctor or healthcare professional tells you to stop.
- If you have any further questions on the use of Wellford Aqua 30:30 Gummies, ask your doctor or healthcare professionals.

**If you forget to use Wellford Aqua 30:30 Gummies Wellford Aqua 30:30 Gummies should be used regularly at the same time each day. If you miss your dose at the usual time, skip the dose you missed and take your next dose when you are meant to.**

**Do not take a double dose to make up for the dose you missed.**

**If you use too much Wellford Aqua 30:30 Gummies**

**If you think that you have taken too many Wellford Aqua 30:30 Gummies, you may need urgent medical attention.**

**You should immediately:**

- phone the Poisons Information Centre (**by calling 13 11 26**), or contact your doctor or healthcare professional, or
- go to the Emergency Department at your nearest hospital.

**You should do this even if there are no signs of discomfort or poisoning.**

## 5. What should I know while using Wellford Aqua 30:30 Gummies?

### Things you should do

- Take Wellford Aqua 30:30 Gummies as your doctor or healthcare professional has prescribed.
- If you are about to start any new medicine, remind your doctor or healthcare professional that you are taking Wellford Aqua 30:30 Gummies.
- Take special care if you drink alcohol while using Wellford Aqua 30:30 Gummies. Using Wellford Aqua 30:30 Gummies and alcohol together may increase their effects (such as loss of balance or ability to respond quickly).

### Call your doctor or healthcare professional straight away if you:

- Are pregnant or become pregnant while taking Wellford Aqua 30:30 Gummies.
- Need to have medical tests while you are taking Wellford Aqua 30:30 Gummies. It may affect the results of some tests.

Tell your doctor or healthcare professional if your symptoms do not improve.

Remind any doctor or healthcare professional you visit that you are using Wellford Aqua 30:30 Gummies.

### Things you should not do

- Do not stop using this medicine suddenly without telling your doctor or healthcare professional. If you stop taking it suddenly or change the dose, your condition may worsen, or you may have unwanted side effects.
- Do not use Wellford Aqua 30:30 Gummies to treat any other complaints unless your doctor or healthcare professional tells you to.
- Do not give your medicine to anyone else, even if they have the same condition as you.
- Do not use Wellford Aqua 30:30 Gummies if the packaging shows signs of tampering. Take it back to your dispensing pharmacy.

### Travelling overseas with Wellford Aqua 30:30 Gummies

- Check that it is legal for you to take Wellford Aqua 30:30 Gummies into any country you are travelling to and countries you are travelling through. Wellford Aqua 30:30 Gummies is a Controlled Drug in Australia, and its legal status will vary between countries.

### Driving or using machines

**Do not drive or use machinery while taking Wellford Aqua 30:30 Gummies.**

Wellford Aqua 30:30 Gummies may cause dizziness or drowsiness in some people.

### Drinking alcohol

**Tell your doctor or healthcare professional if you drink alcohol.**

Alcohol may increase the effects of Wellford Aqua 30:30 Gummies, or the latter may increase the effects of alcohol (side-effects can include loss of balance or ability to respond quickly).

### Looking after your medicine

- Keep your Wellford Aqua 30:30 Gummies in its packaging until it is time to take it.
- If you leave Wellford Aqua 30:30 Gummies out of its packaging, it may not keep well.
- Ensure your Wellford Aqua 30:30 Gummies are kept upright in a cool, dry place where the temperature stays below 25°C.
- Keep away from heat and direct sunlight.

Follow the instructions provided on the label on how to take care of your medicine properly.

Do not store it:

- in the bathroom or near a sink, or
- in the car or on windowsills.

A cupboard at least one and a half meters above the ground is a good place to store medicines.

**Keep out of reach of children.**

### When to discard your medicine (as relevant)

**[Check label for expiry date. Include any specific information about discarding the medicine, e.g. 28-day expiry from date of first use].**

### Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

The expiry date refers to the last day of that month.

## 6. Are there any side effects?

Some medications can have side effects. If you experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and if you need to, ask your doctor or healthcare professional if you have any further questions about side effects.

### Less serious side effects

Less serious side effects	What to do
<ul style="list-style-type: none"> <li>● daytime drowsiness</li> <li>● dizziness</li> <li>● fatigue</li> <li>● dry mouth</li> <li>● dry eyes</li> <li>● headache</li> <li>● increased appetite</li> <li>● difficulty concentrating</li> <li>● nausea</li> <li>● memory impairment</li> <li>● blurred vision</li> <li>● constipation or diarrhea</li> <li>● euphoria</li> </ul>	<p><b>Speak to your doctor or healthcare professional if you have any of these less serious side effects and they worry you.</b></p>

### Serious side effects

Serious side effects	What to do
<p><b>Allergy-related:</b></p> <ul style="list-style-type: none"> <li>● swelling of the face, lips, mouth, tongue, or throat which may cause difficulty in breathing</li> <li>● shortness of breath or difficulty in breathing</li> <li>● skin reaction which may include rash, itching, redness, blistering or peeling of the skin</li> </ul> <p><b>Cardiovascular:</b></p> <ul style="list-style-type: none"> <li>● rapid heartbeat</li> <li>● chest pain</li> <li>● low blood pressure/feeling faint</li> </ul> <p><b>Brain/Nervous system:</b></p> <ul style="list-style-type: none"> <li>● convulsions</li> <li>● numbness</li> <li>● burning sensation</li> <li>● vomiting</li> <li>● loss of coordination/balance</li> <li>● disorientation</li> <li>● confusion</li> <li>● depression</li> <li>● agitation</li> <li>● hallucinations</li> <li>● psychosis</li> <li>● suicidal ideation</li> </ul>	<p><b>Call your doctor or healthcare professional straight away or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.</b></p>

General:
<ul style="list-style-type: none"> <li>● upper respiratory tract infection</li> <li>● strong abdominal pain</li> </ul>

**Tell your doctor or healthcare professional if you notice anything else that may be making you feel unwell.**

Other side effects not listed here may occur in some people.

### Reporting side effects

After you have received medical advice for any side effects that you experience, you can report side effects to the Therapeutic Goods Administration online at [www.tga.gov.au/reporting-problems](http://www.tga.gov.au/reporting-problems). By reporting side effects, you can help provide more information on the safety of this medicine.

**Always make sure you speak to your doctor or healthcare professional before you decide to stop taking any of your medicines.**

## 7. Product details

This medicine is only available with a doctor or healthcare professional's prescription.

### What Wellford Aqua 30:30 Gummies contains

<b>Active ingredients (main ingredient)</b>	30mg/g delta-9-tetrahydrocannabinol (THC) and 30mg/g cannabidiol (CBD).
<b>Other ingredients (inactive ingredients)</b>	[insert]

**Do not take this medicine if you are allergic to any of these ingredients.**

### What Wellford Aqua 30:30 Gummies looks like

**Wellford Aqua 30:30 Gummies** is a pharmaceutical-grade oral pastille, carefully manufactured in XXX to meet strict GMP quality standards.

It is supplied in [insert xxx gram] [insert packaging] with a tamper-evident, child-resistant seal. Each cartridge contains [insert xxx mg of [main ingredient]].

Who supplies Wellford Aqua 30:30 Gummies [insert sponsor name and contact details]

This leaflet was prepared in [insert month and year].